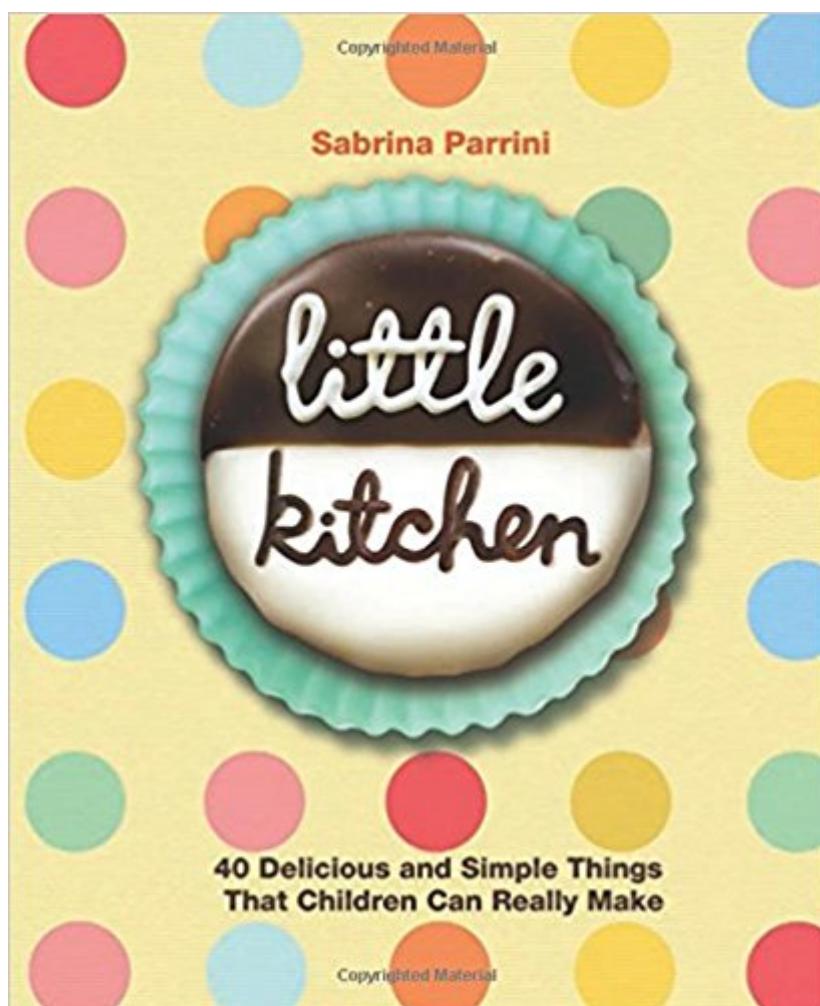


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# Little Kitchen: 40 Delicious And Simple Things That Children Can Really Make



## **Synopsis**

Little Kitchen is a beautifully designed and photographed collection of forty tried and true recipes for budding chefs. Author Sabrina Parrini takes aspiring young cooks through a plethora of sweet and savory recipes and helps them find the joy in every part of a meal, from buying and preparing the ingredients to cooking and then eating the finished product. With clear, step-by-step instructions, each recipe teaches young chefs how to make what they already love to eat and when to ask a grownup for help. From quick after-school snacks to impressive dinners and sweet desserts, children will learn to create tasty, healthful meals and snacks. Included are recipes for: Little Egg and Bacon Breakfast Pies, Minestrone, Yummy Mini Burgers, Meatballs, Tutti Frutti Salad, Gingerbread Snowflakes, and more! With the addition of colorful and fun photos and helpful illustrations, your child will be able to take the lead in the kitchen and maybe even show you a thing or two.

## **Book Information**

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Age Range: 7 and up

Grade Level: 3 - 5

## **Customer Reviews**

Sabrina Parrini started her cooking adventures as a very young girl, and she became even more impassioned about teaching children the importance of eating and cooking good food while teaching early childhood education. In 2004, Sabrini established Little Kitchen, Australia's first organic cooking school and cooking party venue for children and teens. The cookery school has taught over 5,000 students to date. She lives in Romsey, Australia.

They are good healthy recipes, but seem to be things kids wouldn't be so interested in making. Some also take lots of tools, like a food processor.

My daughter borrowed this book & loved it so much she wanted her own copy. helped me out & sent it to me post haste. Many thanks! Terrific simple recipes from Sabrina Parrini.

I love this book, really, I am 14 but every recipe is fun and absolutely delicious! My personal favorite is the Apple Tea Cake. :)

I just got this book today and made the Anzac Cookies and the directions were great and the cookies are superb! I highly recommend this book for both adults and children. Great little cookbook.

This book is a fantastic kids cook book. It's well planned with simple recipes and lovely pictures. I look forward to trying every recipe!

My kids got this from the library, and they loved it so much I'm ordering our own copy. We've only made a couple of the recipes, but they were good and my boys keep finding things they want to make. It has beautiful pictures and simple, easy to follow directions. I love the pictures of tools needed - it helps my kids gather the supplies themselves.

This is a cookbook for those youngsters who want to learn to cook something besides the usual cookies and brownies, that most begin helping out with in the kitchen. Many of the recipes produce mini size items, such as bite size BLTs, little egg and bacon breakfast pies, mini burgers. So if you budding chef will only be satisfied attempting adult sized portions, keep that in mind. The book is all in colour, with small line drawings of equipment needed, and 'ask a grown up' in bold print throughout the recipes. It's strange that the ask a grown up for help seems to mostly be for heat related items, but I would want to watch a beginner with knives and graters too. Also one of the pictures of a young cook putting cookie dough into a pan that doesn't look very clean - baked on black spots and cooked on oil, is not the best example; as well as pictures of hair hanging down almost in the pot and even when a chef's hat is worn , the hair is in front hanging way down. I do not like the list of recommendations for ingredients in the beginning of the book, instead of included in the recipe list; such as tuna with oil(is not always specified), whole milk, lean meat...that should

really be included in the recipes. There is no index. It's a wise parent that teaches their child to cook, it's a life skill that they will thank you for later. This book does include a variety of recipes; savory and sweet that are different from the usual dishes a young cook might try. It is okay and there are not that many beginning cookbooks out there, but there are some better ones.

I bought this book for my son who is 8. He is getting interested in cooking and I wanted a book that was more than just putting things together like sandwiches etc. This book has some great recipes that we have tried. Each one has been delicious and he has done most of the cooking. I have had to assist with the dangerous things like putting into the oven, cutting/slicing with sharp knife. I love that this book makes real food, not things with processed items simply put together. He loves it too!

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